



## ACTION LAB 2026

### PREVENTION IN ACTION: EVERYDAY HEROES

May 12-14, 2026 • Embassy Suites by Hilton Anaheim South

---

The 2026 Action Lab features four learning tracks in addition to our spotlight sessions, offering a wealth of knowledge and perspectives.

#### Action Lab Spotlight Sessions • In-Person | Virtual

The Action Lab Spotlight Sessions highlight the people, skills, and supports that sustain a strong and future-focused substance use disorder (SUD) prevention workforce. Sessions explore how youth leadership, mentoring relationships, and data-informed decision-making can strengthen prevention programming and deepen community impact. Participants will also examine strategies for building supportive systems that nurture both emerging leaders and experienced professionals across the field. Together, these sessions emphasize the importance of empowering the next generation, strengthening prevention capacity, and supporting the well-being of the workforce driving prevention efforts across California.

• • • • •

#### Prevention League: Nourishing Our Roots • In-Person | Virtual

The Prevention League track explores how strong partnerships, culturally competent approaches, and data-informed strategies strengthen community-based substance use prevention efforts. Sessions highlight practical tools for building and sustaining coalitions, engaging key sectors such as schools and Tribal communities, and translating policy and statewide priorities into meaningful local action. Participants will examine how collaboration, cultural knowledge, and shared data can guide prevention planning and elevate community voice. Together, these sessions emphasize the power of collective leadership and coordinated systems to advance effective, community-driven prevention.

• • • • •

#### Community Catalyst: Local Heroes in Action • In-Person

The Community Catalyst track highlights innovative strategies and inspiring leadership that are advancing SUD prevention efforts across California. Sessions explore how prevention professionals, youth leaders, Tribal partners, and community organizations are transforming evidence-based frameworks into meaningful action through collaboration, cultural knowledge, and creative engagement. Participants will learn practical tools for applying prevention frameworks, strengthening youth leadership, and building respectful partnerships that center community voice. Together, these sessions celebrate the people and ideas driving prevention forward while equipping attendees with strategies they can adapt within their own communities.

• • • • •

#### Passing the Cape: Generational Strength • In-Person Only

Passing the Cape focuses on strengthening prevention through relationships, leadership, and community connection. Sessions highlight practical strategies for collaborating with schools, engaging youth and families, and building cross-generational partnerships that sustain SUD primary prevention efforts. Participants will explore approaches that uplift community assets, empower youth-adult partnerships, and strengthen leadership across sectors. Together, these sessions emphasize how authentic collaboration, shared knowledge, and relationship-centered practices create resilient prevention systems and healthier communities.

• • • • •

#### Heroes in Balance: The Well-Being Hub • In-Person Only

The Heroes in Balance learning track creates an interactive space for reflection, dialogue, and creative exploration of strategies that strengthen SUD primary prevention. Through facilitated roundtables, participants will engage with topics such as youth purpose and mentoring, advocacy and civic engagement, authentic community partnerships, and innovative approaches to wellness including art and movement. These conversations highlight protective factors that foster belonging, identity development, and community resilience. Attendees will leave with new perspectives, practical ideas, and peer connections to support responsive, community-centered prevention efforts.

# Tuesday, May 12 ~ Day 1

Time (PST)*	Activity*
8:00am	<b>Registration Open</b> <i>Breakfast on Your Own</i>
9:00am – 12:00pm	<b>Pre-Meeting Optional In-Person Sessions</b> <b>County Prevention Provider Collaborative</b> <i>Audience: This collaborative is for prevention professionals working for Counties only.</i> <i>In-Person Only</i>
	<b>Community Foundations: An Introduction to the Prevention Field</b> <i>Audience: All are welcome, but this training is an introductory space designed for prevention professionals who have been in the field for less than two years.</i> <i>In-Person Only</i>
	<b>California Native Prevention Collaborative</b> <i>Audience: All are welcome.</i> <i>In-Person Only</i>
	<b>Lunch Provided for Morning Participants Only</b>
1:00pm – 2:30pm	<b>Opening Keynote – Action Lab Spotlight Session</b> <b>Our Future in Action: Elevating the Voices of Prevention’s Young Leaders</b> <i>In-Person   Virtual</i>
2:45pm – 3:45pm	<b>Breakout Sessions</b> <i>Prevention League Track</i> <b>Heroes of Collaboration: Coalition Basics Powered by SAMHSA’s Capacity Building Best Practices</b> <i>In-Person   Virtual</i>
	<i>Community Catalyst Track</i> <b>Spotlighting Local Prevention Heroes</b> <i>In-Person Only</i>
	<i>Passing the Cape Track</i> <b>Collaborating and Co-Designing with Schools</b> <i>In-Person Only</i>
	<i>Heroes in Balance Track – Roundtable 1</i> <b>Building Upstream Prevention through Purpose</b> <i>In-Person Only</i> <i>Heroes in Balance Track – Roundtable 2</i> <b>Meaningful Connections: California’s Mentoring Partnership</b> <i>In-Person Only</i>
	<b>Breakout Sessions</b> <i>Prevention League Track</i> <b>Traditional Teachings: Cultural Wealth as a Prevention Superpower</b> <i>In-Person   Virtual</i>
4:00pm – 5:00pm	<i>Community Catalyst Track</i> <b>From the Abstract to Action: Using the Shared Risk and Protective Factor Framework and the SUPER to Advance Prevention</b>

	<i>In-Person Only</i>
	<i>Passing the Cape Track</i> Intergenerational Knowledge Sharing <i>In-Person Only</i>
	<i>Heroes in Balance Track – Roundtable 1</i> Advocacy vs. Lobbying <i>In-Person Only</i> <i>Heroes in Balance Track – Roundtable 2</i> Art Force: Creative Expression as a Shield for Youth Wellness <i>In-Person Only</i>

\*Times and session titles may be subject to change.

## Wednesday, May 13 ~ Day 2

Time (PST)*	Activity*
8:00am	<b>Registration Open</b> <i>Coffee/Refreshments Available</i>
8:30am – 10:00am	<i>Morning Plenary – Action Lab Spotlight Session</i> <b>Data Hazards Ahead: Data-Driven Solutions for Strengthening Prevention Services</b> <i>In-Person   Virtual</i>
10:15am – 12:00pm	<b>Breakout Sessions</b>
	<i>Prevention League Track</i> <b>Engaging School Partners with CHKS Data</b> <i>In-Person   Virtual</i>
	<i>Community Catalyst Track</i> <b>Elevate Youth California: Centering Youth Voices – Empowering Youth Leadership for Prevention and Policy for Change</b> <i>In-Person Only</i>
	<i>Passing the Cape Track</i> <b>Mapping Your Community’s Hidden Heroes</b> <i>In-Person Only</i>
	<i>Heroes in Balance Track</i> <b>Cultural Shield: How Protective Factors Help Communities Thrive</b> <i>In-Person Only</i>
12:00pm – 1:00pm	<i>Lunch Provided</i>
1:00pm – 3:00pm	<i>Afternoon Plenary – Action Lab Spotlight Session</i> <b>Prevention Protectors: Youth-Adult Mentoring Connections that Change Communities</b> <i>In-Person   Virtual</i>
3:00pm – 5:00pm	<b>ABHPC Health Fair</b>

\* Times and session titles may be subject to change.

## Thursday, May 14 ~ Day 3

Time (PST)*	Activity*
8:00am – 8:30am	<b>Registration Open</b> <i>Coffee/Refreshments Available</i>
8:30am – 10:00am	<b>Breakout Sessions</b> <i>Prevention League Track</i> <b>Policy in Practice: Supporting Prevention System Shifts</b> <i>In-Person   Virtual</i>
	<i>Community Catalyst Track</i> <b>Promoting Tribal Partnerships: Leaders and Knowledge Protectors in SUD Primary Prevention</b> <i>In-Person Only</i>
	<i>Passing the Cape Track</i> <b>Partners in Prevention: How Friday Night Live Youth and Adults are Creating Sustainable Change Across the State</b> <i>In-Person Only</i>
	<i>Heroes in Balance Track</i> <b>Del Riesgo Temprano a la Resiliencia Duradera: Prevención a lo Largo del Desarrollo</b> <i>In-Person Only</i>
	<b>Breakout Sessions</b> <i>Prevention League Track</i> <b>Launching California’s Substance Use Prevention Plan onto the Path for Success</b> <i>In-Person   Virtual</i>
10:15am – 11:45am	<i>Community Catalyst Track</i> <b>Prevention Escape Room: Decoding, Collaborating, and Intervening for Success</b> <i>In-Person Only</i>
	<i>Passing the Cape Track</i> <b>Motivational Interviewing: Engaging Youth and Families</b> <i>In-Person Only</i>
	<i>Heroes in Balance Track – Roundtable 1</i> <b>Authentic Engagement: Moving Beyond Tokenism into Shared Power</b> <i>In-Person Only</i>
	<i>Heroes in Balance Track – Roundtable 2</i> <b>Prevention Through Movement: Incorporating Somatics and Physical Identity</b> <i>In-Person Only</i>
	<b>Lunch Provided</b>
11:45am – 12:30pm	<b>Closing Keynote – Action Lab Spotlight Session</b> <b>Unmasking Burnout and Healing the Heroes Behind Prevention</b> Tough Talk, Lead Strong Beyond the Comfort Zone <i>In-Person   Virtual</i>
12:30pm – 2:00pm	<b>Closing Remarks</b> <i>In-Person   Virtual</i>

\* Times and session titles may be subject to change.